

Michele's Bio

Michele Garber, is founder of The NipTuck Coach, an independent plastic surgery coaching practice helping people navigate the confusing world of plastic surgery. A consumer cosmetic surgery safety pioneer and the leading expert in the plastic surgery and beauty industry, she is Nationally recognized as the "go to" when undergoing surgery. Michele provides unbiased surgeon referrals and treatment planning advising, private plastic surgery concierge pre and post-operative care services, and functional nutritional counseling.

Michele has spent over 25 years as an educator, marketer, media specialist and publicist in the Lifestyle and Beauty Industry. She was founder of dMk Communications a lifestyle boutique public relations agency and a former faculty member of the Public Relations Department at Quinnipiac University.

Michele hosts and produces **The NipTuck Talk Show**, a podcast featuring the leading experts in medical aesthetics and beauty. She is a frequent lecturer at medical meetings, plastic surgery symposiums and has spoken at women's conferences, and local organizations. To support patients on a larger scale, Michele published a consumer book, revised for the post pandemic zoom boom **Be Beautiful Not Botched. 10 Golden Rules for Safe Cosmetic Surgery.**

Michele is a frequent guest blogger, authors articles on her blog **Beauty News Talk**, Aesthetic Technologies and a contributor to Deep Body, an online women's health magazine, and has written articles for and About.com-Senior Living.

Michele has appeared on Good Morning Britain with Dr. Hillary Jones, ABC News, KGO Radio, Ticker News, Your California Live, and has been featured in San Francisco Chronicle, Authority Magazine, Thrive Global, VICE, Big Medicine Magazine, Med-Aesthetics Magazine, Growing Plastic Surgeon Podcast and others.

Michele has a B.S. in Marketing from Quinnipiac University Lender School of Business. She is a Certified Aesthetic Coach. Michele is currently working towards her certification as a Functional Nutritional Counselor (CFNC) at the Functional Nutritional Alliance.

Michele lives in Sonoma, CA with her husband and Aussie Mix rescue dog, Bella.

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