

# Michele's Bio



After a bad plastic surgery experience in 2011, beauty expert and former publicist, Michele Garber turned her disappointment and anger into advocating for consumers and created The NipTuck Coach, an independent plastic surgery coaching practice helping people world wide navigate the confusing world of plastic surgery. Michele provides unbiased surgeon referrals and treatment planning, private plastic surgery concierge pre and post-operative care services, and functional nutritional counseling. She believes plastic surgery is a mind and body experience.

Michele has worked with hundreds of people helping them make safe and informed choices. She is a pioneer in consumer safety and Nationally recognized as the "go to" when undergoing plastic surgery.

Michele has spent over 25 years working within the aesthetic medical and professional skincare industry.

She is a frequent guest blogger, authors articles on her blog **Beauty News Talk** and a contributor to Deep Body, an online women's health magazine and has written articles for Aesthetic Technologies and About.com-Senior Living.

Michele founded dMk Communications, a lifestyle public relations firm and is a former faculty member of the Public Relations Department at Quinnipiac University.

She hosts and produces **The NipTuck Talk Show**, a podcast featuring the leading experts in medical aesthetics and beauty. She is a frequent lecturer at medical meetings, plastic surgery symposiums and has spoken at women's conferences, and local organizations. To support patients on a larger scale, Michele published a consumer book, revised for the post-pandemic zoom boom, **10 Golden Rules for Safe Cosmetic Surgery. Be Beautiful Not Botched.**

She is a frequent speaker and faculty member at medical meetings and plastic surgery symposiums nationwide where she gives talks about patient communications, pre and post-operative nutrition and best practices. She has been a guest lecturer at the Women's Campaign School at Yale University and Pace University Law School.

During the Pandemic, she created online masterclasses for consumers seeking plastic surgery and information on anti-aging trends, skincare and trending aesthetic technologies.

Michele has appeared on Good Morning Britain, ABC News, KGO Radio, Ticker News, Your California Live, and has been featured in San Francisco Chronicle, Authority Magazine, VICE, Med-Aesthetics Magazine, Big Medicine Magazine, Growing Plastic Surgeon Podcast, Today's Leading Woman, Thrive Global and others.

Michele has a B.S. in Marketing from Quinnipiac University Lender School of Business. She is a Certified Aesthetic Coach (CAC). She is currently working towards her certification as a Functional Nutritional Counselor (CFNC) at the Functional Nutritional Alliance.

Michele lives in Sonoma, CA with her husband and Aussie Mix rescue dog, Bella.

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